Santa Paula, CA 93060 (805) 525-4647 uucspoffice@gmail.com Website: uucsp.org

## JANUARY 2018 SERVICES, SUNDAYS AT 10:30 AM

# Theme: Justice

#### January 7 Burning Bowl

The Burning Bowl is an annual ceremony we perform each January. We will talk a little about the meaning of ritual and the history of the Burning Bowl ceremony and then write down some things we want to reduce or get rid of in our lives and then we burn them. It is a cleansing and healing ceremony to get the New Year started off right.

First Sunday Plate to Wheeler Canyon farmworkers through LULAC & Latino Town Hall

#### \*Tuesday, January 9 Gathering

#### January 14 For All of Us

Through public witness, education, and introspection, our faith is coming to understand that fighting white supremacy means both resisting its most blatant forms "out there," and disrupting its systemic manifestations within. On this 50<sup>th</sup> anniversary of the death of Martin Luther King Jr., we consider how racism continues to affect us as a movement

#### January 21 Towards Resilience

The UU Trauma Ministry says that trauma is "any situation faced by any person that causes them to experience unusually strong reactions which have the potential to interfere with their lives." We have collectively gone through (and are going through) a traumatic situation with the Thomas Fire. How do we take care of ourselves, each other and the most vulnerable among us in the wake of an emergency or just the normal difficulties of life?

#### January 28 Community Ministry Sunday

Community ministry takes place beyond the walls of our congregations by both our professional clergy and lay persons. We will reflect on how and why we bring our values into the wider community.

CASP food offering

Rev. Maddie leads a reflective time in our busy week to hear some beautiful music, share some silence and hear spoken word on a theme. The music will be provided by Iranian musician Sahba Sizdahkhani who serves as a unique crossroad of East meets West.

and a society. Our choir sings.

### Rev. Maddie, CJ Starling

### Rev. Maddie, Rev. Betty and Kate English

The mission of the Universalist Unitarian Church of Santa Paula is to practice inclusiveness, seek justice and foster spirituality.

#### Universalist Unitarian Church of Santa Paula 740 E. Main Street





# Rev. Maddie

# Rev. Maddie, Mary Nelson

# Jerry Gray, John Nichols

Happy New Year one and all! Here we head into another new year, ready or not. Perhaps you have made a list of what you need to do in the days and months ahead. Perhaps you have made a list of what you would be glad to be rid of and forget from the year just past—something about which you are regretful, ashamed or unhappy or something about the national political situation. Perhaps you are meditating on possibility, on what you want to actualize in your life, in the life of our congregation or in our world in 2018. For me, poetry and lyrics often say things better than I can in prose. For instance, there is a poem by Tennyson whose words were adapted for the Carol which is in our grey hymnal, *Deus Tuorum Militum* 

Ring out, wild bells, to the wild sky,

The flying cloud, the frosty light:

The year is dying in the night;

Ring out, wild bells, and let it die.

Tennyson continues by saying, "Ring out the false, ring in the true." In our year-end and yearbeginning reflections, knowing what has proved false to us and how to point to what is true is a good basis for a new year for our individual lives—and for a congregation. Ringing out wild bells to "ring in the love of truth and right" and the "common love of good" seems just what is needed in these darkest days of the year.

As we start this New Year, we are especially aware of what is precious in our community in the wake of the Thomas Fire. We know that many are traumatized by evacuations and seeing the flames threaten our homes and our community. We are grateful for the First Responders and the firefighters who came from all over to keep the fire at bay. We also know that others were not so lucky. As we respond to the needs around us in collaboration with our community partners, I am hoping we are also preserving our liberal religious heritage in Santa Paula and looking towards its future. How do we discern what is true for us, which shows a "larger heart and kindlier hand"? Reflecting brings to my mind another poem, this one by Mary Oliver, which ends with:

Tell me, what is it you plan to do with your one wild and precious life? As you begin this next year, may you find time to reflect on "what you plan to do with your one wild and precious life" and may we find ways to reflect on our precious life together.

> Happy New Year. On the path of our faith, Reverend Maddie

# Message from the Board of Trustees



Thank you to one and all who pledged support for our caring congregation. Your support is crucial to keeping our doors open whether it's through your financial support or physically standing at our front door welcoming new and old friends. Thank you.

Please plan on attending our Annual Meeting and Pot Luck Lunch on Sunday January 28<sup>th</sup> immediately following the service.

Next Board meeting is Thursday, January 18, 2018 at 6:30. All are welcome.

Peace and calm winds, MaryBeth East



## Spiritual Growth Center



# **GATHERING\***

#### **\*DEFINITION OF GATHERING**

an assembly or meeting, especially a social or festive one or one held for a specific purpose.

# JANUARY 9, 2018 at 7:00 PM

You are invited to our Gathering for sound, silence and word as the sun goes down. Led by Maddie Sifantus with musician Sahba Sitzdahkani Free will offering for the Gathering musicians Universalist Unitarian Church of Santa Paula, 740 E Main Street, Santa Paula

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## All Church Read 2017-18 DARING DEMOCRACY

**DATE CHANGE!** Due to some schedule conflicts, our All Church Read will now be Sunday, February 25th after Coffee Hour (or about 12:15 PM) in Rev. Maddie's Office. The book we will be discussing is "Daring Democracy: Igniting Power, Meaning, and Connection for the America We Want. The authors are Frances Moore Lappe and Adam Eichen. "In this moment of extreme threat, we come to see that the opposite of evil is no longer goodness. It is courage. Goodness without action isn't good enough." Start reading now in preparation for our discussion! Four copies are in circulation and can be located on top of the bookcase in the Parish Hall or you can order from Amazon or your favorite bookseller.



#### **MEDITATION PRACTICE GROUP**

Our Meditation Practice Group takes place in our Parish Hall and is led by Maddie Sifantus. The group meets on Wednesdays at 6 PM. In January we will be meeting on January 3, 17, and 31. Enter through the front gate to the left of the main entrance and come in the side door. Allow about an hour and bring your meditation cushion, if you have one, or you can sit in a chair. The group is open to everyone; there is a free will offering (\$5 suggested but all invited regardless of funds). The meeting will begin with a reading and short discussion, with a guided meditation leading us into a time of silence. There is power in meditating together. We would love to have you join us. For more information, leave a message. For more information, leave a message on Reverend Maddie's private line at the church: <u>805-525-4620</u> or email <u>msifantus@uuma.org</u>.

#### SINGING MEDITATION

On Sunday, January 24th at 7:00 PM Reverend Maddie Sifantus will lead Singing Meditation. Singing Meditation is a contemplative hour which combines sound with short periods of silence. This is not about performance for an audience but rather the blending of voices in simple song and chant interspersed with silence. Songs will be eclectic and come from a number of spiritual paths including Unitarian Universalist, Taize, earth based, and world sources. Join in this spiritual practice which is suitable for beginners as well as experienced singers and/or meditators. This group is open to all. Free Will Offering.

#### SOARING HEART'S YOGA



Members and friends of the congregation are invited to attend yoga in our Parish Hall on Tuesday's and Thursday's from 9:30 am – 10:30 am. with Yoga instructor, Lisa Hammond. Class fee is \$6 - \$8 per session. Lisa keeps an email list to which you can be added after attending your first session. She has been leading yoga for us for about two years and several of our members and Rev. Maddie attend. Lisa Hammond can be reached at soaringheartsyoga@gmail.com.

#### T'AI CHI CHIH

T'AI CHI CHIH On Friday mornings we continue to offer T'ai Chi Chih, - Joy thru Movement, with Instructor Pete Gregory. Often called a moving meditation, the movements are accessible to anybody, regardless of age weight or physical ability. No special clothing or equipment needed. Come and learn how to play with the Chi. For more information or to sign up, email Pete at psgreg24@gmail.com. Learn more at www.taichichih.org.

#### **DROP IN SMALL GROUP**

Come join Rev. Maddie for a Drop-In Small Group in her office on occasional Sundays after coffee hour in her office. The next one will be Sunday, January 21 at about 12:15 PM, for about an hour. The theme this time is "Justice", which is our theme for the month of January. Join together as we hear one another's thoughts, stories and experiences, and get to know a few others better. No need to sign up, just show up!

#### **REV. MADDIE'S OFFICE HOURS**

Rev. Maddie is usually available in the office by appointment or pot luck drop in from Tuesday through Friday. Rev. Maddie's office is located in the "new wing" across from the rest rooms at the back of our building. Monday is Rev. Maddie's day off and Saturday is her study/sermon writing day. Some days she is working from home but can get to the office in five minutes, if something comes up. The best way to plan a time to meet with her is to call and leave a message on her private line at the church, <u>805-525-4620</u>, call her on her cell phone, <u>508-733-8860</u> or email her at <u>msifantus@uuma.org</u>. She is happy to meet you in her office, at your home or place of work, or at a local restaurant for a cup of tea or coffee (she will buy her own!). The minister's office is in the back of the church, near the rest rooms. If the front or back doors are locked, call her, and she will come let you in through the back gate off the alley.

#### MEMBERSHIP

Are you an official member of the Universalist Unitarian Church of Santa Paula or thinking of becoming one? As we approach our Annual Meeting which will be January 28<sup>th</sup> after church, it is a good time to think about what our congregation means to you. Becoming a member allows you to vote on the budget and all important decisions we make.

Becoming a member of UUCSP is an individual decision, so some people in a family may be member while others are not. While only members can vote on church matters, both members and non-members alike are welcome to attend services and other church activities, volunteer, and contribute financially to our congregation. Like many other UU churches, we have dedicated friends who have been active in our congregation, perhaps for years, but have never signed the membership book.

The conditions for membership, according to our bylaws, are these: "This society shall welcome as members any person who is in sympathy with its purposes and program, has reviewed these bylaws, and has signed the membership book in the presence of the minister or an officer of the church." We hope that members will all make a financial pledge to support the life of the congregation but know that every person's means differ and do not want that to be an impediment to membership.

If you fall into that "friend" (active non-member) category, you might want to consider becoming a member now. If you have never gotten around to signing the book, but want to become an official member now, it's easy—simply arrange with Rev. Maddie to sign the membership book.

#### FIRE RELIEF

We have received a Disaster Relief Grant from the UUA to help our members, friends, and community partners in the wake of the Thomas Fire. Please let Rev. Maddie know if you need some assistance with unexpected expenses associated with evacuation, smoke damage, air purifiers, and the like. We will also be assisting our local community partners to address the needs of the farmworkers, homeless and other vulnerable persons in the wake of this fire. Should you wish to contribute to this special Ministers Discretionary Fund, checks can be written to UUCSP with Disaster Relief in the Memo line.

#### **GUEST AT YOUR TABLE BOXES**

Each year we participate in the annual Guest at Your Table intergenerational program of the Unitarian Universalist Service Committee (UUSC) which raises support for and awareness about the work to advance human rights. This year's program theme is Small Change is Big Change, recognizing that each of us can make big changes in our community and the world. Each day families and individuals can put change in the boxes imagining a guest visiting their table. Checks may also be written to the UUSC. The boxes will be collected on January 14. Extra boxes and donation envelopes are on the table in the Parish Hall.

#### **1ST QUARTER FIRST SUNDAY PLATE OFFERING**

The Social Concerns Action Committee has chosen the 11 Limoneira farmworker families who lost their homes in Wheeler Canyon during the Thomas Fire. We are partnering with LULAC (League of United Latino American Citizens) and Santa Paula Latino Town Hall, to help collect furniture and cash for these families.

#### LAST SUNDAY OF EACH MONTH

The Last Sunday of each month we collect canned goods, rice and beans and other non-perishable food for CASP: Community Assistance Santa Paula. CASP, a non-profit organization, provides a Food Pantry to serve the disadvantaged of Santa Paula. Being a community charity, CASP's Food Pantry program is largely dependent on the generosity of its citizens.

#### **COMMITTEE ON CONGREGATIONAL LIFE**

According to the Bylaws of the Universalist Unitarian Church of Santa Paula, the Committee on Congregational Life's primary mission to evaluate the overall effectiveness of the congregation's ministry (ordained, staff and laity). The COCL is not a committee of the Board, but a committee of the congregation in special relationship to the Board. It consists of three members serving staggered terms of two years each. Current members are Judy Triem, Audrey Vincent and Donna Hamer, Chair. COCL meetings are held in the context of confidentiality and mutual honesty. Members are encouraged to let Rev. Maddie or one of the members of the committee know if there are any issues of the ministry of the congregation of which they should be aware. The next meeting of the COCL will be Tuesday, January 16 at 7:30 PM at Rev. Maddie's home.

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For Participation in the Annual Program Fund						
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#### HONOR CONGREGATION

We have received recognition as an Honor Congregation in the Unitarian Universalist Association. Our yearly contribution supports the Annual Program Fund of the UUA. Our support strengthens Unitarian Universalism continentally and around the world. No individual congregation can possibly tackle the challenges of our society alone; we need one another, and we are stronger together. You can see our certificate in the Parish Hall.

#### NEWS FROM AMONG US

#### January 2018

- We are more than grateful that the City of Santa Paula survived the Thomas Fire. Still, we all know people who lost their homes. Others have been affected by the poor air quality. All of us are affected by the stress caused by this horrific fire storm. We are grateful to the UUA's Disaster Relief Fund's grant which is allowing us to help support those with unexpected expenses due to the fire and our community partners who work with vulnerable populations in Santa Paula.
- Our thoughts are with Albie Alamillo whose sister died two days after Thanksgiving.
- We rejoice in Allan Noel and LJ Stevens new partnership that leads them to move to Simi Valley. They assure that we will still see them at church.
- We like to wish our friends and members happy birthday when it is their birthday month. There is a sign-up sheet on the table in the Parish Hall or you could let our administrator Krystal know so that we can add you to the list. Now that we are having Zodiac Zundays once month at coffee hour, it is one more reason to join the fun.
- If you have any News from Among Us you would like to share with our community, please let Rev. Maddie know by the newsletter deadline which is the 21<sup>st</sup> of every month.

#### **COFFEE HOUR**

It is sometimes joked that Coffee Hour is the Unitarian Universalist sacrament. Whether or not that is true, we certainly do enjoy our coffee hour at the Universalist Unitarian Church of Santa Paula! Each week a different person, family or friends hosts our coffee hour. This year Ruth Ricards hosts Zodiac Zundays once a month. Many of you bring your best culinary talents to our Sunday morning coffee hour. In 2018 please consider hosting a coffee hour, signing up on the clipboard on the Parish Hall. Note that you don't have to provide anything really fancy because it is the hospitality and chance for conversation with each other that is the main point of coffee hour. Making sure the coffee is going and bringing some sweets and/or savory prefab offerings is fine!

#### CHOIR

All are welcome to join our choir, including our young singers who are able to read music. Rehearsals will be directed by Rev. Maddie and accompanied by Vincent Sorisio. All choir rehearsals will cover the music for that Sunday and will include learning music for future monthly Sunday mornings. Solstice Singers rehearsals will be on 2 Saturday mornings. Individual rehearsals with Rev. Maddie can be arranged as time allows. Please be in touch with Rev. Maddie with any questions. All invited to sing!

January 11	7:00 PM	Choir Rehearsal
January 14	9:30 AM	Choir Rehearsal for 10:30 AM Service
		We've Got the Power
February 8	7:00 PM	Choir Rehearsal
February 11	9:30 AM	Choir Rehearsal for 10:30 AM Service
		The Gift of Love

#### THE MARY A. LIVERMORE SOCIETY

Saturday, Jan. 27, 11:30 am Mary A. Livermore Society will hold its SATURDAY quarterly meeting at Café Flight 126. Program TBA.

#### THE SOCIAL CONCERNS ACTION COMMITTEE NEWS AND EVENTS

- **MEETING** Wed, Jan. 10, 6:30 pm Social Concerns Action Committee begins the New Year with a new date and time of meeting. Agenda: identify causes we want to offer support this winter.
- DINNER AND A MOVIE TUESDAY, JANUARY 23 POTLUCK 5:30 PM MOVIE: 6:30 PM NEW DAY AND EARLIER TIME FOR OUR DOCUMENTARY FILM NIGHT! The Social Concerns Action Committee presents The Occupation of the American Mind, Israel's Public Relations War in the United States (2015). Roger Waters narrates this sweeping analysis of Israel's successful public relations battle for the hearts, minds, and tax dollars of the American people in the face of growing international condemnation of Israel's aggressive behavior against the Palestinians. Narrated by Roger Waters. Discussion follows.
- SUNDAY, JANUARY 14, 2:30 PM Jazz Requiem /Tribute honoring Dr. Martin Luther King, Jr and Invitation to practice the Beloved Community. First United Methodist Church 133 N Mill St, Santa Paula 2018 is the 50th anniversary of Dr. King's death. We will celebrate the story of his life in poetic form accompanied by music. Rev. Maddie will lead us in song. Jazz artists from Studio C will perform. Then Dr. Roberto Vargas will speak on Radical Love after which we will gather for refreshments in the parish hall of the church where Dr. Vargas will lead an interactive experience in good neighborliness. See flyer elsewhere in newsletter. DON'T MISS THIS!
- SAVE THE DATE, FEBRUARY,18 2018, 6:30 P.M., FOR EXPAND YOUR MIND DISCUSSION. The Conejo Valley School District voted on banding Sherman Alexie's book, The Absolutely True Diary of a Part-Time Indian. Get your copy, read it and we will discuss it. We will meet at Rev. Dr. Betty Stapleford's home. RSVP Betty.

#### CARING COMMITTEE

Do you want to learn how to be a better listener? This church year we have started a Lay Ministry Training to better serve our members and supplement the ministry of Rev. Maddie, our professional pastoral care provider. This training facilitated by Rev. Maddie takes place at the regular monthly meetings of the committee. Our next meeting is Thursday, January 18. Meetings are at 12:15 PM and last about an hour and a half. Let Rev. Maddie know if you are interested in joining with the Caring Committee members Barbara Beach, Karen Harris, Penny McManus, Delicia Niami, Sharon Kufeldt, and Jan Shepherd. We have room for a couple more members; let Rev. Maddie know if you are interested.

#### MEETING: CONCERT COMMITTEE AND INTERESTED FOLKS THURSDAY, JANUARY 25 AT 7 PM

As the New Year begins, so does another year of concerts in our Santa Paula Concert Series. We need more help in producing the concerts, from helping with set up and clean up, to tickets and box office, sound production, lighting, the reception, marketing and more. A small group of us have been getting the concerts to happen but we need more help to spread the work load. This is major outreach for the church and brings new people into our sanctuary, as well as providing quality live music to our community in Santa Paula and beyond and improving our sound for all of us. Please join Rev. Maddie, John Nichols, Ruth Ricards, John Robles and others in the Parish Hall on Thursday, January 25 at 7 PM to plan for our February 17th Romantic Piano Concert with Daniel Newman Lessler and plan ahead for the 2018 concerts. Be in touch with Rev. Maddie at <u>msifantus@uuma.org</u> with any questions or suggestions.

#### CHILDREN'S CRAFTING AND SONG THURSDAY'S 2-4PM

Children and caregivers are invited to join in Waldorf inspired seasonal crafting and singing. Please contact Sushila Wood for more information. Suggested donation for supplies is \$4 per child.



**"Zodiac Zunday"** Once a month during coffee hour we will be honoring those who celebrate the astrological sign of that month. As we know, astrology is a pseudo-science often linked to superstition. We are hoping for this to be a fun time to connect with others while enjoying some delicious food.

"ZODIAC ZUNDAY": On January 14 we will be honoring Capricorn (December 22 - January 19).

<u>Sign Characteristics</u>: Capricorn is a sign that represents time and responsibility, and its representatives are traditional and often very serious by nature. These individuals possess an inner state of independence that enables significant progress both in their personal and professional lives. They are masters of self-control and have the



ability to lead the way, make solid and realistic plans, and manage many people who work for them at any time. They will learn from their mistakes and get to the top based solely on their experience and expertise.

# SANTA PAULA CINEMA SOCIETY PRESENTS

Nobody suffers fools less gladly than another fool. That might have been a quote from W.C. Fields, had he ever actually said it. But he really didn't need to say it, if only because this is the constant underlying theme of his comedy. During his great run from 1933 to 1941, Fields blended curmudgeonly sentimentality with comic surrealism, in a way that nobody else could conceive, let alone accomplish. In film after film, Fields cast himself as the brute who was brutalized, the misunderstood dreamer who only dreamed of being left to his own devices, but will always be thwarted, if not by a nagging wife, then by an evilly precocious infant, or perhaps a blind man, or an insurance salesman. Not every Fields film managed to strike this odd balance quite as successfully as this one, the miniature masterpiece among the five features he turned out in 1934 alone. With Kathleen Howard and Baby LeRoy as two of the terrors in his life, along with several unforgettable supporting roles. Don't miss the film that asks, but never answers, the eternal question, "who is Carl LaFong?" (1:08)

> JANUARY 12, 2018 UNIVERSALIST UNITARIAN CHURCH OF SANTA PAULA 740 E. MAIN STREET 7PM • FREE! • ENTER SIDE DOOR





# Zumbathon.....to benefit:

to end violence

against women

Date: Saturday January 6,2018

Time: 9 am - 11 am (with intermission)

217 N 10th St Santa Paula – Nohemi's Zumba Studio

# \$10 suggested donation

Call Michelle for more information (805) 233-5796



SOLIDARITY 2018



JOIN US IN SINGING ~ ALL AGES UNIVERSALIST UNITARIAN CHURCH OF SANTA PAULA PARISH HALL 740 E MAIN STREET FRIDAY, JANUARY 19 AT 57:00 PM BRING RISE UP SINGING AND/OR RISE AGAIN BOOKS IF YOU HAVE THEM ALL INSTRUMENTS WELCOME! COMMUNITY SINGING! FREE WILL OFFERING

LED BY MADDIE SIFANTUS, DONNA NELSON AND FRIENDS

#### **RISE UP SINGING!**

Let's start the New Year right! Come join the fun by attending Rise Up Singing. Our Rise Up Singing group is named from the title of the book Rise Up Singing. Pete Seeger once said, "The older I get, the more I am convinced that if there's a human race still here in a hundred years, one of the main reasons will be that we found ways we can sing together." Come help save the world—or just have fun—at our next meeting of Rise Up Singing in our Parish Hall on Friday, January 19 at 7 PM. Instruments and all ages invited. Bring your Rise Up Singing book if you have it; copies will be available to buy for \$15 or borrow.

Yours in song, Rev. Maddie and Donna Nelson

# Santa Paula Tribute to Dr. Martin Luther King, Jr.

January 14, 2018, 2:30-3:45pm

### We Can Make a Difference!

Celebration Event of Music & Inspiration to strengthen our ability to continue creating positive change.

### Jazz Requiem & Tribute

Originally performed in New York on April 4, 1969 Readers: Marques Guy & Rev. Michelle Magee accompanied by members of the Studio C Band

### Guest Speaker Dr. Roberto Vargas "Time for Radical Love!"

Dr. Vargas, born in Santa Paula is a nationally recognized leadership trainer and author of Family Activism, a book on how to better our world beginning with family and friends.

#### Location

First United Methodist Church 133 N Mill St, Santa Paula, CA 93060

#### The program is followed by refreshments, community-building, and a closing circle



Saturday, February 3, 2018 2-4 p.m. Santa Paula says, "NO MORE VIOLENCE" Dance • Learn • Heal

# **Free Event!**

# **5th Annual**

# ONE BILLION RISING! SOLIDARITY

#### What does ONE BILLION look like?

We are calling on our community to harness their power and imagination to rise to revolutionize how women and girls are treated and join people around the world (170 countries and growing) in making the world a better place!

JOIN US - Imagine, One Billion Women sharing their stories, dancing and speaking out for justice, learning about resources available in our community, experience Healing Arts, and demanding an end to gender-based violence. Please wear comfortable clothing that is Pink, Red, or Black to show your support.

For more information contact Sandy Gómez: 805-983-6014 (ext. 1114) • s.gomez@thecoalition.org

#### Sponsors:







Special Thanks to: City of Santa Paula and CAUSE

Santa Paula Community Center 530 W Main Street • Santa Paula, CA 93060

The event will be in Spanish with English translation

# SANTA PAULA CONCERT SERIES PRESENTS

Romantic Piano Music



# Performed By Daniel Newman-Lessler

Join Us for an Evening of Romantic Piano Music in Celebration of Valentine's Day

Saturday, February 17th at 7:00 p.m.

Universalist Unitarian Church of Santa Paula 740 E. Main Street, Santa Paula, CA 93060 805-525-4647 – www.uucsp.org

### Donation \$20.00 Children 12 & Under \$10.00 Free for Children 5 and Under

Proceeds benefit the Universalist Unitarian Church of Santa Paula Building and Historical Fund. UUCSP is a Registered Ventura County Historical Landmark

# Day of Mindfulness Renewal for the New Year Saturday, January 13, 2018 10am to 4pm

Unitarian Universalist Church of Ventura 5654 Ralston Street, Ventura CA



# With the Venerable Kusala

an American born Buddhist Monk ordained in the Zen tradition of Vietnam

For more information and registration go to FriendshipSangha.org/dom or call 805-368-9835

Sponsored by the Friendship Sangha of the Heart, an adult program of the Unitarian Universalist Church of Ventura

# Calendar of Events



© Can Stock Photo - csp14791830

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 930 Yoga	3 6pm Meditation	4 930 Yoga 2-4pm Craft&Song	5 10:00am T'aiChiChih	6 9-11am Zumbathon
7 1030am Worship 1 <sup>st</sup> Sunday Plate	8	9 930 Yoga 7PM Gathering	10 630pmSocial ConcernsMtg	11 930 Yoga 2-4pm Craft&Song 7pm ChoirReh	12 10am T'aiChiChih 1130amSP Ministerial 7pmClassic MovieNight	13
14 930amChoirReh 1030amWorship ZodiacZunday 1215pmWorship CommMtg	15	16 930 Yoga 730pm Congregational LifeMtg	17 6pm Meditation	18 930 Yoga 1215pmCaring CommMtg 2-4pm Craft&Song 630pmBoard Mtg	19 10:00am T'aiChiChih 7PM RiseUp Singing	20
21 1030amWorship 1215pmDropIn Small Group Newsletter Deadline	22	23 930 Yoga 530pmDinner& 630pm aMovie	24 7pmSinging Meditation	25 930 Yoga 2-4pm Craft&Song 7pmConcert CommMtg	26 10:00 T'aiChiChih	27 1130am MaryA'sMtg
28 1030amWorship CASP Annual Meeting &PotluckLunch	29	<b>30</b> 930 Yoga	31 6pm Meditation			

#### of Santa Paula Universalist Unitarian Church

Santa Paula, CA 93060 740 East Main Street

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Sunday Worship Services at 10:30 am

Rev. Maddie Sifantus, Minister, Choir Director Rev. Dr. Betty Stapleford, Affiliate Minister Erik Halseth, Religious Education Coordinator Vincent Sorisio, Church Musician Albie Alamillo, Custodian Krystal Johnson, Office Administrator Board of Trustees: MaryBeth East John Nichols Patricia English Luisa Haskell Kate English



and Potluck Lunch

Sunday, January 28

immediately following

**Church Service** 

THE UNIVERSALIST UNITARIAN

CHURCH OF SANTA PAULA

740 East Main Street Santa Paula, CA 93060 Office: 805-525-4647

uucspoffice@gmail.com

www.uucsp.org