

Universalist Unitarian Church of Santa Paula

740 E. Main Street Santa Paula, CA 93060 (805) 525-4647 uucspoffice@gmail.com Website: uucsp.org

AUGUST 2019 SERVICES, SUNDAYS AT 10:30 AM

AUGUST THEME: Praver

What is prayer for you? One way of describing its stereotypes is "gimmie," "oops," "ouch," "wow," and "thanks" (or prayers of petition, confession, intercession, praise, and gratitude.) Jack Mendelsohn wrote, "Suppose we think of it as an essential religious striving to touch

truth and tap resources within and beyond ourselves." Prayer can be a compelling spiritual practice to make us more fully human.

August 4 "Prayer Doesn't Work...But I Know What Does"

John Nichols, MaryBeth East John Nichols grew up in the Ventura Unitarian Church beginning in 1958 among secular humanists. He was president of the Liberal Religious Youth and attended the Star King School for the Ministry for 3 weeks with 12 other high school students from around the country for a session called Project Inquiry. He has continued to study the history of religions throughout his life. His studies have emphasized shamanism and the occult tradition. His collected essays are available as a Kindle book on Amazon titled "Essay Man".

First Sunday Plate to Spirit of Santa Paula

August 11 The Practice of Joy

It is difficult to find and maintain joy when the country and world are headed down such a dark path. How do we nurture joy during difficult times? Should those of us who live relatively privileged lives even be concerned with our own joy when so many marginalized people are suffering in our communities, in this country, and around the world – a world that seems to be on a shortcut toward literally burning up? What's the difference between joy and happiness? How can spiritual practices like prayer help us find and maintain joy? How can reciprocal relationships built within and through solidarity and community help us find and maintain joy? I hope we can discover some paths to joy in our conversation. Not merely as a feeling, which is certainly important; but, as an active state of being. Nic Filsen is the Intern Minister from the Unitarian Society of Santa Barbara, a seminarian at Meadville Lombard Theological School and Candidate for Unitarian Universalist ministry.

August 18 Keeping Them

One of the first truly earnest questions of childhood is often "Dad (or Mom), can I keep her/him? Please?!" Today's service looks at our human relationship with animals, exploring what it means, in ways small and large, to "keep them." Rev. Carolyn Price served as Parish Minister of this congregation from 2004 - 2012. She has also been a Pacific SouthWest District consultant in the areas of organizational growth and change since 1999.

August 25 (Multigenerational) Prayer As Art, Art As Prayer

Donna Lynn Caskey, Kate English UUCSP member Loni Kate English and "Banjo Gal" Donna Lynn Caskey will co-lead this service exploring creativity as a form of prayer and meditation for all artists... including and perhaps especially for those who think they aren't!

CASP OFFERING

BACK IN THE DAY—UUs of Our Past

Nic Filsen, Pat English

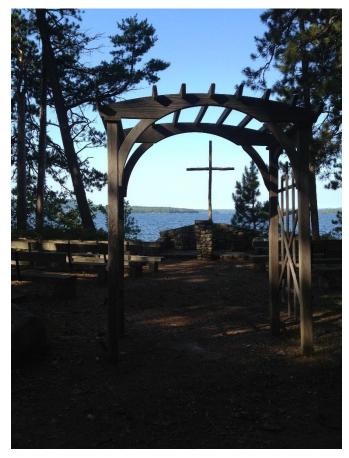
Rev Carolyn Price, Michelle Cowan

Leslie Nichols



Message from the Minister

Where I am from in New England, ministers generally take their vacation and study leave all in one chunk, basically from Flower Communion in June followed by attending General Assembly and Ministry Days all the way until Water Communion, usually the Sunday after Labor Day Weekend. This is a practice left over from when congregations basically shut for the summer months and folks went off to the summer homes in the mountains, at the lake or at the ocean and church's (and homes) weren't air conditioned. In fact, our congregation used to shut in the summer back in the day, probably a practice our founders brought from Maine! Nowadays many or most UU congregations go year 'round like we do and plan differently, often with lay led services or hiring a summer minister. Since I often put my vacation time next to my denominational service on the Ministerial Fellowship Committee, I have experimented with how to take my study leave in a number of different ways since I came to Santa Paula, with mixed results. So, it is this year that I worked the month of July and am taking August 1-28 as Study Leave back East. During this time, I will be preaching at the UU Congregation of the Jersey Shore in Egg Harbor, NJ on August 4 where my long-time mentee Dawn Fortune is the



minister, doing a service called *Singing the Journey*. I will be leading worship at the Sandy Island YMCA Camp on Lake Winnipesaukee in New Hampshire on August 11, which I have done a number of times over the years, in a gorgeous spot overlooking the lake (weather permitting). I will be doing a service with my friend and colleague, Rev. Howard Dana, at the First Parish in Concord, doing something with the Great American Songbook. I will be performing with the Rowan Brothers on August 12 in Sudbury MA and with my accordion player Richard Conti on August 26 in Wayland MA. In between all this, I will be attending reunions with the Golden Tones, members of my Wayland High School class, my mother's family (the Turners) and my father's family (the MacNeills, Bigelows and Haggers). I will be officiating at the wedding of one of my oldest friends who is getting married for the first time at age 70. And I will be seeing friends, former parishioners and family...and breathing.

Study leave for me includes planning for our 2019-2020 church year as well as reading the packets for our UU Candidates for Ministry who I will be meeting at the Ministerial Fellowship Committee for our September meeting. I took one week of my vacation after General Assembly in June, visiting our friend Janice Krieder on the beautiful coast of Washington. I will take a second week in late September after the MFC meeting to visit my sister Bonnie and her husband Alistair and another week in October to visit my friends in the Bay Area.

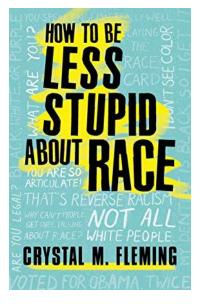
What are you doing this summer?

On the path of our faith,

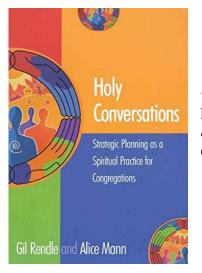
Rev. Maddie

Message from the Minister

WHAT THE PASTOR IS READING



I am taking my four weeks of Study Leave in August this year and will be spending that time on a number of things (see the Minister's Column in this newsletter) but one of the things I especially do is catch up on reading for our life in our congregation, the latest research on leadership, religious education/faith formation, growth, supervision and more. One area of concentration for recent years is anti-racism, anti-oppression and multi-culturalism. One book recommended by the UUA's Ministry and Professional Staff Group which I just finished is *How to be Less Stupid About Race: On Racism, White Supremacy and the Racial Divide* by Crystal M. Fleming.



As we begin our Mission, Vision and Long-Range planning process, I am rereading the outstanding book, *Holy Conversations: Strategic Planning as a Spiritual Practice for Congregations* by Gilbert Rendle and Alice Mann.

What are you reading?



Message from the Minister

In Community - By Rev. Betty

A number of you have asked what it is like visiting at the Adelanto Detention Center, and I would like to share a little of that experience in this article. First, it is a long day traveling to the Mojave Desert near Palmdale through a rather bleak landscape. But that is where most of these centers are, isolated from large population centers to make them less accessible for investigation and visitors who can't afford to take a day off from work. I have been visiting about once a month for close to 5 years, and Rev. Maddie has joined me in doing that during the last year when her busy schedule allows. When we get to one if the 2 buildings at the center, we stand in line at the front desk to ask for the person we want to see by his or her A (Alien) number and wait for the name to be called - often an hour. After turning over our identification, being given a visitor's badge, and putting all our belongings in lockers, we are escorted through a security gate, down a hall through several electronically locked doors and to a room where people in blue, orange, or red two-piece uniforms are seated in plastic chairs. We then call their names if we haven't met them before and go to their small tables where we sit and begin our one-hour conversations. If we know them, we may be greeted with a smile and a hug before we sit.

Then our conversation begins, and we hear stories that are often hard to listen to people separated from their families, treks for endless miles on foot, years at this detention center, numerous hearings and denials, dangers that they faced in their countries, loneliness and fear that they will be deported to countries where they have not lived in many years, and dehumanizing treatment by guards. It is a heart-rending experience - with a little laughter and smiles mixed in.

And then we go back to the front desk to begin the process again before leaving for home, usually arriving there after dark. Stories are shared in the car on the way home, and visitors agree to write a report to be entered in the Freedom for Immigrants database - a regular visiting day at Adelanto.

So why do we go? I have often asked myself that very question. I don't know about others, but for me it is something that feel dedicated to doing if only to let those who are at Adelanto know that someone cares about them and wants to help. And sometimes we have a success to celebrate. So if you think you would like to visit with us, or would just like to know more, please ask me. It has been a life-changing experience for me. **Board Notes**

We always knew our organ was historic, interesting and sounds great. Suddenly our organ has been discovered by the Victor Talking Machine Company that started in Camden, New Jersey in 1901. An Esterly organ was used in a lot of their studio recordings. Our church was recently contacted by the current owners about our organ. They tell us that we have a really rare organ.

They have asked us to take photos of our organ from the front, sides and back. With and without the bench. We need some shots of the keys and the pedals. They want to use these photos for create a 3D illustration of the organ. We also need to send exact measurements of height and width.

I'd like to suggest that we compile all that we currently know about the organ and add anything else we can find and add that to our archives. It would be interesting to create a pamphlet or even an eBook about our soon-to-be famous organ. Who knows what kind of an organ we had before the Esterly was installed? Did we always have an organ along with a piano? For extra credit explain what a Modesty Panel is.

Yours, etc. John Nichols

PLANNING FOR OUR CHILDREN FOR THE SUMMER MONTHS

As we go through this summer of experimentation with our faith formation/religious education for our children and youth, our Faith Formation Brainstorming Team has set up a schedule of adults to assist our caregiver Yvette Sanchez. As of this writing, we still need a Volunteer for August 11. Here is the schedule:

July 7	Ruth Ricards, Yvette
July 14	Yvon Ortega, Yvette
July 21	Sushila Wood, (Yvette at Camp De Benneville)
July 28	Ken Stock, Yvette
August 4	Michelle Cowan, Yvette
August 11	?, Yvette
August 18	Ken Stock, Yvette
August 25	Multigenerational—Banjo Gal with Kate English
September 1	Sushila, Yvette (Labor Day Weekend)
September 8	Multigenerational: Water Communion

NEXT OF MEETING FOR BRAINSTORMING AND FOR MISSION/VISION POTLUCK

TUESDAY, SEPTEMBER 3 at 7 PM at Rev. Maddie's home

Looking at the Mission/Vision and Long-Range Planning for UUCPS through the lens of Religious Education/Faith Formation/Spiritual Growth. Please RSVP to Maddie at <u>msifantus@uuma.org</u> who will coordinate the food (and provide beverages including wine). All interested folks invited.

CHILDREN SONG

The Children Song project announced in the last newsletter has been postponed to allow for more time for planning. It will likely kick off in time to prepare for and participate in the Winter Solstice Celebration.

PLANNING FOR INTERGENERATIONAL, MULTIGENERATIONAL AND ADULT ACTIVITES

What activities, workshops and events would you like to see? Do you have a workshop, series or curriculum you would like to lead? Talk to Rev. Maddie or come to our September Brainstorming meeting.

GATHERING

There will be **no** Gathering in August.

Save the date for Gathering on Tuesday, September 10 at 7 PM

with our musicians Christine Snipes Mazor, violin and Geno Palilla, piano.

MEDITATION PRACTICE GROUP

Our Meditation Practice Group takes place every Wednesdays at 6:00 PM in the Parish Hall. Group leadership is shared by Rev. Maddie Sifantus and Jim Cole. Due to Rev. Maddie's Study Leave, Jim will be leading all four Wednesdays in August. Enter through the front gate to the left of the main entrance and come in the side door. Allow about an hour and bring your meditation cushion, if you have one, or you can sit in a chair. The group is open to everyone; there is a free will offering (\$5 suggested but all invited regardless of funds). The meeting will begin with a reading and short discussion, with a guided meditation leading us into a time of silence. There is power in meditating together. We would love to have you join us. For more information, leave a message on Reverend Maddie's private line at the church: 805-525-4620 or email msifantus@uuma.org.

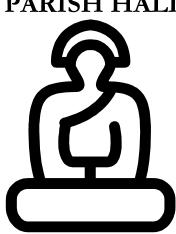
UU CHURCH OF SANTA PAULA PARISH HALL

August 7 with Jim Cole

August 14 with Jim Cole

August 21 with Jim Cole

August 28 with Jim Cole



EVERY WEDNESDAY AT 6 PM

Free Will Offering

For information call Rev. Maddie Sifantus, 805-525-4620 or msifantus@uuma.org.

Spiritual Growth Center



SOARING HEARTS YOGA

Members and friends of the congregation are invited to attend yoga in our Parish Hall on Tuesday's and Thursday's from 9:30 am – 10:30 am. with Yoga instructor, Lisa Hammond. Class fee is \$6 - \$8 per session. Lisa has been practicing yoga for approximately 6 years, teaching for 5 years, and has been blessed to have been leading yoga here in our Parish Hall since early Summer 2015. Several of our members and Rev. Maddie attend. She teaches a gentle style yoga and her classes are appropriate for all levels. In addition to a variety of trainings she has taken over the years, in December 2018 she completed her 200 Hour Yoga Teacher Training Certification

under the loving guidance of Ventura based Pixie Kastrup of Sacred Living Yoga. Lisa Hammond can be reached at 831-801-2276 or <u>soaringheartsyoga@gmail.com</u> If you'd like to receive Lisa's weekly email, please feel free to email or text her your contact information.

TAI CHI CHIH

Please join us on Fridays. We practice with concentration, quieting the mind, letting go, relaxing, and moving in slow motion. The benefits are spiritual, emotional and physical, and include tranquility, a sense of wellbeing, better coordination, balance and a general increase in energy. All ages are welcome!



Tish Jaramillo leads the T'ai Chi Chih sessions on Friday's at 10 AM with Intermediate sessions and 11:15 AM with Beginner sessions. Tish Jaramillo can be reached at <u>tishj1@hotmail.com</u>.

NEWS FROM AMONG US August 2019

- Our thoughts and prayers are with Rev. Betty, her husband Tom and the whole extended Stapleford family in the unexpected death of her granddaughter, Samantha Snow. Plans are incomplete as of this writing.
- We have several housebound members. Mary Nelson lives in Oxnard and would love a visit or phone calls. Margaret Broughton lives at home in Santa Paula with a care giver. Doris Vernon is in a Board and Care in Oxnard.
- Rev. Maddie and her grandchildren were featured in the July 17th issue of the Santa Paula Times, photographed and interviewed when they attended the Lights for Liberty Vigil on July 12.
- During Rev. Maddie's Study Leave, please let Krystal Johnson in the office or a member of the Caring Committee know if you or someone you know is in need of a a friendly visit from a member of the Caring Committee, or a phone call. The Caring Committee chair is Karen Harris: <u>kareneloise13@gmail.com</u>
- If you have any News from Among Us you would like to share with our community, please let Rev. Maddie know by the newsletter deadline which is the 21st of every month.

REV. MADDIE'S STUDY LEAVE AND OFFICE HOURS

Rev. Maddie will be leaving for Study Leave on August 1 and returning to the office on August 29. During the time she is gone, our Administrator, Krystal Johnson or our congregation president, John Nichols, will contact Rev. Betty Stapleford in the case of a pastoral emergency who is covering for her while she is gone. After she returns, Rev. Maddie is usually available in the office by appointment or potluck drop in from Tuesday through Friday. Rev. Maddie's office is located in the "addition" across from the rest rooms at the back of our building. Monday is Rev. Maddie's day off and Saturday is her study/sermon writing day. Some days she is working from home but can get to the office in five minutes, if something comes up. The best way to plan a time to meet with her is to call and leave a message on her private line at the church, 805-525-4620, call her on her cell phone, 508-733-8860 or email her at msifantus@uuma.org.

SAVE YOUR WATER!

As is our tradition, we will be kicking off the Fall with a Water Communion with a multigenerational service on Sunday, September 8 led by Rev. Maddie with special music by our Choir. We ask that you bring a small amount of water from whatever source is meaningful to you, either from the environs of Santa Paula or from your summer travels. The combined water from our shared sources will be used in part to water some of our thirsty plants here on the Church grounds and sterilized for use in any future Baby Dedications.

UUCSP MEMORIAL FUND

The UUCSP Memorial Fund has recently been recently reestablished. This fund, according to our by-laws, receives contributions and gifts in memory or honor of members and friends. Monies from this fund shall be used for furnishings and refurbishment of the interior of the church building. The Memorial Fund is a nice way to remember that special someone, birthday, anniversary, or occasion.

SAFE CONGREGATION

Our congregation strives to be safe and welcoming place to all. It is impossible to make a congregation 100% safe; however, there are steps that we can take to make our congregation safer while still creating a supportive space for learning, growth, and challenge as well as actively working for the inclusion and safety of all people. This is the purpose of the Safe Congregation Committee which was recently formed by the Board and had its first meeting in July. Present at the meeting were Pat English, Erik Halseth, Sharon Kufeldt, Krystal Johnson, and Rev. Maddie. How can we build a culture of safety? The Committee will be planning for this in the coming months. In a strong safety culture, everyone feels responsible for safety and pursues it on a daily basis. Congregants routinely look out for one another and point out unsafe actions and conditions to each other. Over time the norms and beliefs of the congregation will shift focus from eliminating hazards to eliminating unsafe actions. The congregation will be building systems that proactively address safety concerns, and safety will be integrated as an intrinsic value (not simply a program) among the staff and leadership of the congregation. The first area of focus for the Committee will be planning for Emergencies such as fires and earthquakes.

FYI for our Members and Friends:

PHISHING: DON'T TAKE THE BAIT

Someone calls the church office describing an emergency, claiming to be a staff member or leader. They have been robbed and need money wired to them ASAP.

Or congregation members receive emails that are requesting gift card donations for a charitable cause. Religious groups and congregations are becoming easy targets for these types of scams. Hackers are getting more sophisticated every day. The best defense is to pause and look for warning signs before responding to any unsolicited email.

Phishing is a form of "social engineering," whereby a hacker with bad intentions sends an email (or text or phone call) pretending to be someone the recipient trusts and asks the recipient to take an action which can have adverse effects. Sometimes, they request money. Other times, they invite the recipient to click a link or open an attachment that can trigger malicious code.

A good rule of thumb with emails you're not expecting is to: (1) reach out to the sender through another channel (call, text, visit website) and (2) not click on a link (or send money, gift cards, etc.) without clarifying from the trusted source. A <u>gift card scam</u> has been making the rounds of churches of all denominations.

Related scams can include unsolicited telephone calls that try to trick you into sending money or giving your private financial information. If it sounds too good to be true, it is! Be safe.

CRUISE & SING NIGHT FRIDAY AUGUST 2 5:00 to 7:00 PM SEE THE CLASSIC CARS! TOUR HISTORIC CHURCH! JOIN IN RISING UP SINGING!



Universalist Unitarian Church of Santa Paula, 740 E Main Street, Santa Paula

The Swimmer

Even in a decade of unusual films, this 1968 tale of a man who, on a summer day, invites himself into the pools of his suburban Connecticut neighbors, one after another, stands out. Why do these otherwise seemingly respectable people put up with this intrusion into their lives and property, or question his peculiar obsession? Is it out of politeness, curiosity, or on account of some dark secret? Is he swimming towards something, or away? The screenplay by Eleanor Perry, based on a John Cheever short story, gradually reveals that this journey from pool to pool should be taken as allegorical rather than literal -and that's where the hints will end! Burt Lancaster was so determined to make this film, he trained to overcome his fear of water and paid for reshoots out of his own pocket after the original director Frank Perry was fired and replaced by Sydney Pollock (who worked uncredited). This film was received with indifference by critics and the public when it was released, but has since developed quite a following. With Janet Landgard, Janice Rule, and Joan Rivers. (1:35)

SANTA PAULA CINEMA SOCIETY FRIDAY AUGUST 9, 2019

Universalist Unitarian Church 740 E. Main Street 7PM • Free! • Enter Side Door

CHOIR: SING!

Our choir is on hiatus until the fall. We generally sing once a month for the Sunday Service. All are welcome to join our choir, including our young singers who are able to read music and singers who only attend church when the choir sings. Rehearsals are directed by Rev. Maddie and accompanied by Vincent Sorisio. All choir rehearsals will cover the music for that Sunday and will include learning music for future Sunday mornings. Rehearsals are at 4:00 PM on Thursdays and 9:30 AM on the Sunday morning we are singing. Our first choir rehearsal of the fall will be Thursday, September 5th at 4:00 PM for singing at the Water Communion Service on Sunday, September 8 with a 9:30 AM rehearsal that day. Please be in touch with Rev. Maddie with any questions at msifantus@uuma.org. All invited to sing!

UUCSP CHOIR Schedule 2019

All are welcome to join our choir! Questions? Be in touch with Rev. Maddie							
September 5	4:00 P	M	Choir Rehearsal				
September 8	9:30 A	M	Choir Rehearsal				
TBA							
		Gaelic	Blessing	John Rutter			
October 24	4:00 P	M	Choir Rehearsal				
October 27	9:30 A	M	Choir Rehearsal				
	To Ev	erything	g There is a Season	Ed Harris			
November 7	4:00 P	M	Choir Rehearsal				
November 10	9:30 AM	Choir	Rehearsal				
November 25	TBA	Santa	Paula Interfaith Thank	sgiving Service			
December 12	4:00 PM	Choir	Rehearsal				
December 15	9:30 AM	Choir	Rehearsal				
December 21	7:00 PM	Winte	r Solstice Celebrations	s (rehearsals TBA)			

THE SOCIAL CONCERNS ACTION COMMITTEE

MEETING – Wednesday, August 14, 4:00 PM: Social Concerns Action Committee meets to learn about microfinancing businesses across the world that help women maintain independence and support their families in preparation for our September event supporting specific women-run businesses in Guatemala.

DOCUMENTARY Date: Tuesday, August 27 Potluck: 5:30 Movie, La Camioneta: 6:30 Ever wonder how it happened that so many refurbished American school buses are forming the backbone of Central American countries' transportation systems? In *La Camioneta*, filmed in Guatemala, we see a network of interconnecting individually owned businesses, that buy, drive, repair, design and paint our school buses, transforming them into, not only hard-working vehicles, but into works of art for the road. We learn along the way that since 2006 over 1000 camioneta drivers and fare collectors in Guatemala have been murdered, because they could not or would not pay extortion fees to the local gangs. We see empty neighborhoods. We begin to understand why there are so many people seeking refuge at our border. Discussion follows.

MARY A. LIVERMORE SOCIETY

Thurs., August 22, 11:30 AM: The Mary A. Livermore Society will meet at Flight 126 Café to hear about elder scams that threaten us all. Chief Steve McLean of the Santa Paula Police Dept or a specialist in the field will speak.

Audrey Vincent will also give the results of the plant sale.

LAST SUNDAY OF EACH MONTH

The Last Sunday of each month we collect canned goods, rice and beans and other non-perishable food for CASP: Community Assistance Santa Paula. CASP, a non-profit organization, provides a Food Pantry to serve the disadvantaged of Santa Paula. Being a community charity, CASP's Food Pantry program is largely dependent on the generosity of its citizens.

3rd QUARTER FIRST SUNDAY PLATE OFFERING August 4 & September 1 Spirit of Santa Paula





OUR MISSION IS TO SERVE THE LEAST POWERFUL AND MOST VULNERABLE PEOPLE IN OUR COMMUNITY.

OUR GOAL IS TO END HOMELESSNESS IN SANTA PAULA.

SPIRIT of Santa Paula has been blessed with a "new" building for our Homeless Services by a very generous donor and homeless services advocate.

Formerly, El Gramo de Oro nightclub, Frontier Club and Buck and Sonny's (for those who remember), we're naming our new location, "Harvard". Easy to remember! This new Navigation Center will help us help our clients work their way to becoming "housed" again, and they will become our "Harvard" graduates. This will be a joyous time for all!

Our services include:

- * Food Rescue of commercially prepared, unserved food for our City's hungry and homeless.
- * Food Pantries three times per week, open to any who are hungry whether homeless or housed.
- * Drop-in Center for people who are homeless, providing meals and services, Monday Friday, 9am to 3pm * Emergency Shelter
- * Counseling and assistance to find housing, related services and help with behavioral health issues
- * Many Meals, every Wednesday night at First Presbyterian Church, 121 Davis -- open to all
- * One Stop Showers, Health Care and Homeless Services connections, Fridays at 1029 E. Santa Paula Street
- * Rental and Utility Assistance
- * Annual Homeless count each January
- * 2020 Census "Hard to Count" Sector
- * Homeless Court and Community Service advocates
- * Safe Sleep, in a secure location, 1029 E. Santa Paula Street
- * Laundry for Homeless Management Services clients every Friday at a local laundromat

There are so many steps to take before we can use this "almost perfect" building. Here are a few:

- * Remodel existing kitchen to our County's Health standards. Approvals are almost complete.
- * Addition for office space for staff. Plans are in the works.
- * Obtain approval from our City to provide Emergency Shelter.
- * Raise funds for kitchen remodel and office addition.
- * Paint the building, inside and out; landscape and beautify
- * Retrofit lighting, add power, check all building systems and more...

If you would like to be on our mailing list, send an email to kay@spiritsp.org. To be a part of this significant advancement in services, please donate. You can either donate at our website, www.spiritofsantapaula.org, mail a check, or contact Kay Wilson-Bolton, 805-340-5025.



SPIRIT of Santa Paula - Santa Paulans Investing in Relationships of Integrity and Trust 113 N. Mill Street, Santa Paula CA 93060 Mail: PO Box 728, Santa Paula CA 93061-0728 501C3 Non-Profit Organization -- EIN 27-0005506

CARING COMMITTEE

The last regular meeting of the Caring Committee until fall was in May. Our next meeting will be a Mission/Vision potluck to kick off the new church year on Thursday, September 12 at 5 PM at Rev. Maddie's home. All those interested in this important ministry of the congregation invited. If you would like a call or a visit from a member of the Caring Committee during the summer months, ask Rev. Maddie or Committee Chair Karen Harris

CARING COMMITTEE SPONSOR A PROGRAM ON LEGAL INFORMATION FOR SENIORS ON AUGUST 14

The Ventura County Area Agency on Aging and Grey Law will be offering the L.I.F.E. (Legal Information for Elders) workshop in the Parish Hall on Wednesday, August 14, from 10 a.m. to noon in the Parish Hall. This visit from the VCAAA is sponsored by our Caring Committee.

Designed to provide valuable legal information to individuals 60 and older, the L.I.F.E. workshop allows participants to engage with Michael Williams, attorney and director of Grey Law, regarding areas of concern including identifying legal needs; grandchildren and legal relationships; legal documents for elders; resolving housing disputes; communication, and hiring legal professionals.

The workshop is free and open to the public, however registration is recommended. To register, please call the church office at (805) 525-4647.

Grey Law was founded in 1979 by volunteers, and provides year-round free assistance to individuals and non-profit groups who otherwise have limited access to legal services. The goal is to help clients resolve any legal issues, while also working to preserve their independence, hope, and dignity. Grey Law assists clients with government benefits such as Social Security, and 551 Medicare and Medi-Cal. They also offer "long-term care" counseling related to a spouse or family member entering a nursing home. Grey Law assists with consumer matters, powers of attorney, and advanced healthcare directives.

The Ventura County Area Agency on Aging, an agency of the County of Ventura, is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals, people with disabilities, and their caregivers to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.



COUNTY OF VENTURA Area Agency on Aging



Come to an Evening with Marta Julia Ixtuc Cuc, Communication's Coordinator of Friendship Bridge, a "Microcredit Plus" organization in Guatemala, on Monday, September 16th at 7:00 p.m.



Please join Marta & staff members from the Friendship Bridge U.S. office in Lakewood, Colorado at the <u>Unitarian Universalist Church on 740 E. Main in</u> <u>Santa Paula</u> to learn about micro-finance & the work of Friendship Bridge. (www.friendshipbridge.org)

The "Microcredit Plus" program of Friendship Bridge combines small loans, monthly educational trainings, & basic healthcare services to over 30,000 underserved Guatemalan women. It enables them to create their own pathways out of poverty, educate their children & empower themselves. The program is especially relevant in the current political climate when so many desperate & hungry people are fleeing the effects of climate change & poverty in Guatemala.

Our Evening will include a "tipica" table of colorful & beautiful handicrafts & textiles made by our artisan clients. All proceeds go to Friendship Bridge. Donations gratefully accepted & checks may be made out to the organization.

Light refreshments served!

For more information, please contact Constancia at 661-478-3213!

SANTA PAULA CONCERT SERIES

REMAINING CONCERTS IN 2019

JACQUELINE SCHWAB, PIANIST ~ SATURDAY, OCTOBER 5 AT 7:00 PM



I Lift My Lamp ~ Vintage Songs and Dances of Immigrant America

This celebrates our country's immigrants, their vibrant spirit of community music-making, and their multicultural contributions to our heritage. Jacqueline will perform music from The British Isles, Scandinavia, Poland, Eastern Europe, Cuba, Brazil, Chile and Mexico, along with ragtime, Tin Pan Alley and other vintage American tunes arising from the immigrant wellspring. She will speak about the music and about growing up in Pittsburgh's "melting pot."

HIROYA TSUKAMOTO, GUITAR ~ SUNDAY, NOVEMBER 3 - 4:00 PM

We bring back enchanting guitarist Hiroya Tsukamoto who visited us in 2017, bringing his magical, fluid style. Hiroya is a guitarist and composer originally from Kyoto, Japan. In 2000, he received a scholarship to Berklee College of Music in Boston and came to the US. Since then, he has been performing internationally.



Calendar of Events



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 930am Yoga	2 10&11:15am T°aiChiChih 5PM Cruise Night & Sing	3
4 1030am Worship 1 st SundayPlate	5	6 930am Yoga	7 6pm Meditation	8 930am Yoga	9 10&11:15am T'aiChiChih 7PM SP Cinema Society	10
11 1030am Worship	12	13 930am Yoga	14 10am VCAA workshop 4pm SCAC mtg 6pm Meditation	15 930am Yoga	16 10&11:15am T'aiChiChih	17
18 1030am Worship	19	20 930am Yoga	21 6pm Meditation NEWSLETTER DEADLINE	22 930am Yoga 1130am MaryA's	23 10&11:15am T'aiChiChih	24
25 1030AM Worship UUof our Past CASP	26	27 930am Yoga 530/630pm SCAC dinner& aMovie	28 6PM Meditation	29	30	31

of Santa Paula Universalist Unitarian Church

Santa Paula, CA 93060 740 East Main Street

Dated Material

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Newsletter deadline August 21

John Nichols, President, Jerry Gray, Secretary, Pat English, Treasurer Jyl Atmore, Member at Large

Rev. Maddie Sifantus, Minister, Choir Director Rev. Dr. Betty Stapleford, Affiliate Minister Erik Halseth, Religious Education Coordinator Krystal Johnson, Office Administrator Vincent Sorisio, Church Musician Albie Alamillo, Custodian Board of Trustees: Karen Harris, Vice-President



CHURCH OF SANTA PAULA 740 East Main Street Santa Paula, CA 93060 Office: 805-525-4647 uucspoffice@gmail.com www.uucsp.org

THE UNIVERSALIST UNITARIAN



SAVE THE DATE FOR NEXT **RISE UP SINGING FRIDAY, OCTOBER 18** 7:30 PM Starting back up monthly in the Fall. In the meantime, let's sing at

Cruise Night!

First Fridays from now through October

