

Universalist Unitarian Church of Santa Paula

740 E. Main Street, Santa Paula, CA 93060 (805) 525-4647

uucspoffice@gmail.com website: uucsp.org

NOVEMBER SERVICES, SUNDAYS AT 10:30 AM



NOVEMBER THEME: Repair

Bless generously, curse rarely; practice repair.

Read a book or a blog or watch a movie about something or some situation or someone beyond the ability to relate; practice repair. Lean into comfort zones, strengths, and inklings of bliss; practice repair. Pause to ask whether words are both skillful and absolutely necessary; practice repair. Sing full-throated songs that create and recreate beloved community; practice repair. Let go of stubborn self-righteousness, and have mercy; practice repair. Honor the ancestors who could not have imagined our lives or even our very being; practice repair. Smile; practice repair. Multiply joy, divide sorrow, practice repair. With the tools at hand; practice repair. Perhaps I have tools you could borrow, perhaps you could lend me from yours, and together, we can practice repair.



Time Change! Turn the clocks back one hour!

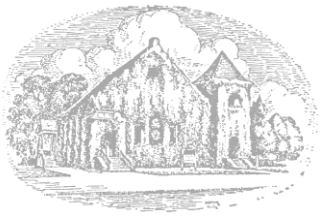
November 3 Jung, Jazz and the Hero's Journey John Nichols and MaryBeth East

The Monterey Jazz Festival is the longest continuously running jazz festival in the world and is the largest jazz festival on the West Coast. I worked on the stage crew at this festival and served as the stage manager of the 2nd largest stage. After 44 years, I retired so I no longer climbed ladders and worked until midnight. I was asked to write about my years at the festival for a book titled "BACKSTAGE Crew" about all of the backstage workers. I decided to describe my long life backstage using Joseph Campbell's concept of a Hero's Journey that he describes in his 1949 book "The Hero with a Thousand Faces."

First Sunday Plate - Interface Children and Family Services

BIO - John Nichols opened the John Nichols Gallery.com in 1984 in downtown Santa Paula. The gallery specializes in vintage, vernacular and contemporary photography. John is one of the founders of the Ag Art Alliance and a board member of the Santa Paula Art Museum. He was a cookie judge at the Ventura County Fair and a stage manager at the Monterey Jazz Festival. His book "St. Francis Dam Disaster" was published in 2002. His collected writings were published in "Essay Man" in 2015. In addition to gallery exhibits he has also designed and curated numerous exhibits for museums around Ventura County. Photographs by John Nichols are in the permanent collection of the Santa Paula Art Museum, Museum of Ventura County, Carnegie Art Museum, Oxnard, the City of Ventura, and numerous private collections. Selected exhibits include the Museum of Ventura County, Ojai Art Center, Ojai Valley Museum, Annual Santa Paula Art and Photography Show, Carnegie Art Museum, the California Oil Museum and the Santa Paula Art Museum.

The mission of the Universalist Unitarian Church of Santa Paula is to practice inclusiveness, seek justice and foster spirituality.



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November 10 The Road Ahead: Reflections on the Soul of the Nation

Anne Hines and Ellen

By the time of this service we will hopefully know who won what's been called "the most important election of our lifetime." Or maybe we won't know yet. Or the results will be contested. No matter what happens, what does any of this say about the soul of our beloved nation? What lies ahead? And what are we, as American and as UUs, called to do to help shape it?

November 17 Transformation and the Ethics of Change

Kate English and MaryBeth East

Kate English continues her series of talks on the newly adopted Unitarian Universalist values with Transformation which calls us to open our hearts and minds to change, embracing the opportunities it brings for spiritual and ethical growth. As we enter the next phase of our church life, we are invited to deepen our understanding of our congregation, ourselves and the world, evolving with compassion and courage. Together, we create a community that nurtures transformation, where every change is a step toward more justice and love.

November 24 Counting Our Blessings

Sharing Service - Rev. Betty

On the Sunday before Thanksgiving, we take time to give thanks for all of our blessings. Please join us in this sharing service when we listen to Ellen Deeb, Francisco Estrada, Maureen Kimberling, and Margaret Wilson share their stories about gratitude. We will take time on this Sunday to share our cornbread communion in our sanctuary or virtually from our homes.

UUs of Our Past with Leslie Nichols



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Message from Board of Trustees

Hello from your Board of Trustees.

We had a very busy and productive board meeting this month - well, last month by the time most of you read this! We discussed safety issues, the possibility of a reconstituted religious education program, building maintenance projects, and a special upcoming meeting for the congregation. All this in addition to the usual reports and discussions.



Our heroes, the Ministerial Transition Team reported on some interesting, inventive and potentially exciting news. There will be a meeting of the congregation held on **November 03**, right after the service, where they will report on their progress and share some important updates. Please try to attend service in person if you are able.

In other news, the annual canvass / pledge drive began last month (well, the public facing part of it - the Finance committee has been working on it for some time prior to that). Many pledge cards have been received - and we heartily thank you. For those who have not yet completed and turned theirs in, please do so as soon as possible. Perhaps even on **November 03**?! Once we have a good idea of our projected revenue, we can move into budget creation mode. It may seem as though our Annual Meeting is a long way off, but the Finance folks actually need to have a "completed" budget to present to the Board of Trustees at the January 16, 2025 meeting. That budget will then be offered to the congregation for approval at January 26 Annual Meeting. Your assistance is greatly appreciated.

Speaking of budgets . . . All those committee chairs and lead people who will be requesting funding for next year are asked to please get those proposals to the Finance committee as soon as you are able. Even if it is "the same as last year" - we will need to hear from you. Mary Beth East, Luisa Haskell, Richard Hauge and Jerry Gray are all in planning mode and are awaiting your input. In this month of Thanksgiving, we thank you for your diligence and for the work you all do throughout the year. See you in church!

Spiritual Growth Center

SPIRITUAL GROWTH CENTER

In 2015 we gathered some of activities we already did and those we hoped to do under the umbrella of the Spiritual Growth Center at the Universalist Unitarian Church of Santa Paula. It provides opportunities and programs to awaken and sustain love, compassion, service and personal transformation. Our goal is to help individuals discover how spiritual practices, learning, and community service can transform their lives and move the world toward peace and justice. The activities of the center are yoga on Tuesdays and Thursdays, Meditation on Wednesday nights at 6 PM and Twilight Gathering on the second Tuesday of the month, now coordinated by Kate English. Over the years we have had Singing Meditation, T'ai Chi, Sound Baths and more. There is room for book discussions, craft events and the sky's the limit. All it takes is the ideas and someone to organize them. For questions be in touch with the office.



SOARING HEARTS YOGA

Soaring Hearts Yoga meets in the Parish Hall. Join them on Tuesdays and Thursdays at 9:30 AM.

Bring your own mats and props.

Please contact Lisa Hammond at 831-801-2276 or soaringheartsyoga@gmail.com for more information.

MEDITATION PRACTICE GROUP

In person in the Parish Hall and on Zoom and FB

Call church office for the Zoom address and password.

Like the FB page: Universalist Unitarian Church of Santa Paula

November 6 with Thomas Weisbecker

November 13 with Jim Cole

November 20 with Thomas Weisbecker

November 27 with Jim Cole

EVERY WEDNESDAY AT 6 PM

For Zoom info, email office@uucsp.org ~Free Will Offering



Twilight Gathering



Tuesday, November 12 7:00 PM

You are invited to our Twilight Gathering
for sound, silence and word.

Led by Kate English

Special Guest Poet, Crow Daughter

Crow Daughter is a poet from Oxnard; published previously in Toxic Verse and repeat contest in local slam competitions, her work aims to connect her audience and community

In person at the Universalist Unitarian Church of Santa Paula
740 E Main Street, Santa Paula
OR ON ZOOM

Free will offering (\$5-20 suggested)

People and Doings

2024 4th QUARTER
1st SUNDAY OFFERING
November 3, December 1



Established in 1973, Interface Children & Family Services is the region's most comprehensive nonprofit social services agency providing direct, responsive, wrap-around services to address the complex needs of clients and our local community.

As a critical safety net for children and families, Interface provides 30 distinct programs across seven core program areas including [mental health & trauma treatment](#), [domestic violence & child abuse prevention](#), [youth crisis & homelessness](#), [human trafficking prevention & intervention](#), [justice services](#), and [211 information & assistance](#) in 31 California counties.

Today, Interface serves tens of thousands of local individuals annually, assists 250,000+ callers through the 211 call center across the state, and continues to earn the respect of individuals, businesses, and foundations, which provide grants, donations, and in-kind services to ensure that the work of Interface is sustained.

Interface works collaboratively with many other service providers. We are the only agency with a presence in all existing, formalized "under one roof" facilities across Ventura County. With collaboration, Interface best provides family support, domestic violence intervention, outreach, and youth activities, as well as prevention and counseling within economically challenged communities. To establish a foundation of violence prevention and mental health, Interface embeds five family-strengthening objectives into its programs:

- Help parents develop resiliency
- Help families develop a support system
- Help families secure practical help when they need it
- Teach parents how to raise healthy children
- Help children to develop socially and emotionally



Safety First and Always

MaryBeth East has offered to work with Karen Harris of the Caring Committee to gather emergency contact information of members and friends who attend our church activities. It is a best practice for all organizations to have emergency procedures in place. Information gathered will be stored in a secure place for church leadership to access in case of emergency. If you have any questions, you can ask Karen or MaryBeth as they will be reaching out to gather primary and secondary contact names and phone numbers.



UUSC

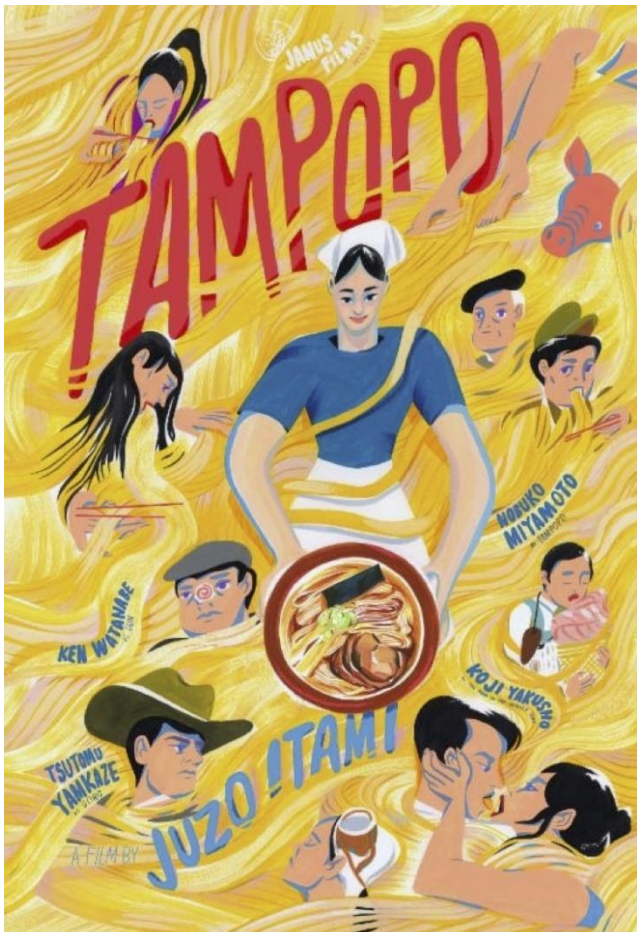
Unitarian Universalist Service Committee

Guest At Your Table (November 17 through December 22]

This year we will be participating in the annual Unitarian Universalist Service Committee (UUSC) Guest at Your Table fund raiser. During the holiday season our thoughts turn to Thanksgiving and people around the world and in this country who need a helping hand, whether it is for disaster relief, food scarcity, education for their families, human rights, including women's issues and gender equality, and environmental issues. Guest At Your Table is personal. We are encouraged to think of a member from one of these communities who would share a meal with us and tell us about their life and hopes. Reverend Betty will tell us more about UUSC on November 17th. Gifts of \$150 will be matched.



SANTA PAULA CINEMA SOCIETY



Just what the world was asking for, a great Ramen Western! Juzo Itami's delightful 1985 Japanese comedy-drama *Tampopo* is a genre-bending look at Japanese cuisine made with stylistic nods to American Westerns and Japanese Samurai films. The story revolves around Tampopo (Nobuko Miyamoto), a widow who dreams of opening a successful noodle shop. When a kind-hearted truck driver, Gorō (Tsutomu Yamazaki) takes pity on her lackluster cooking skills, he makes it his heroic duty to mentor her. Together, they embark on a whimsical journey to perfect the art of ramen making. The film is an endlessly quirky fusion of comedy, drama, film styles, social satire and food documentary, with many unexpected hilarious plot twists, and characters who seem to belong in a completely different film, appearing along the way. Does this sound like way too much on the plate for one film? Not for *Tampopo*. The entire package together is perhaps the oddest and at the same time the most endearing food movie feast ever made – a celebration of life, love, loss and the importance of finding the simple pleasures in between. In Japanese with English subtitles (1:54)

SANTA PAULA CINEMA SOCIETY

FRIDAY NOVEMBER 8, 2024

Universalist Unitarian Church of Santa Paula • 740 E. Main Street •
7PM • Free! • Enter Side Door

People and Doings

SIP AND CHECK IN WITH SHARON KUFELDT TUESDAY, NOVEMBER 12 AT 4 PM ON ZOOM

After a few minutes of casual chat as people arrive, we light a chalice with a reading and then invite people to take turns checking in about what's going on for them, answering the question, "How is it with your spirit today?" If there is still time left after the individual check-in's, the group will chat about topics of shared interest to them all or the monthly theme. We aim to be inclusive of everyone present who wishes to talk or ask questions.

Join Zoom Meeting <https://us04web.zoom.us/j/7312177775>
Meeting ID: 731 217 7775 Password: uucsp93060



MARY A. LIVERMORE SOCIETY The Mary Livermore Society Tea!

As Thanksgiving falls on the 4th Thursday of November, and Christmas on the 4th Thursday of December, the final meeting of 2024 of the "Mary A's" will be on **Thursday, November 14th at 11:30 in the Parish Hall!** We are having our Annual Tea Party that is always fun! It's an opportunity to dress up, wear a fancy hat, enjoy delicious morsels and calmly sip delicious tea!

RSVPs are essential! Contact Constanca, the organizer, to see what you can bring to our Tea!

SOCIAL CONCERNS ACTION COMMITTEE'S PALESTINIAN/ISRAEL FILM SERIES

*The Social Concerns Action Committee will present its second film in its Israel and Palestine Film Series after church, **Sunday, November 17 at 12:30 P.M.**, in the Sanctuary. We hope by showing these films, and discussing them afterwards, we will gain understanding of the events leading up to the October 7th attack, and the hopes and dreams of people involved in this conflict. It has become a divisive issue worldwide and is escalating into a larger conflict. Our second film will be announced in a Friday Blast, so stay tuned. (A lunch will be provided as part of the coffee hour.)*

THE SOCIAL CONCERNS ACTION COMMITTEE

The Social Concern's Action Committee of the UUCSP holds as its mission "to experience and act in support of environmental and social justice in our community, our state, our country, and our world". Everyone is invited to our next meeting on **Wednesday, November 20th at 3:30 on Zoom** and join the lively discussion.

CARING COMMITTEE

The Caring Committee will meet on Thursday, November 21st at 4:00 pm in the Parish Hall.



People and Doings

DAY	DATE	TIME	EVENT/MEETING	Zoom/In-person
Friday	1-Nov	7am - 1pm	Church Cleaning	
Sunday	3-Nov	10:30 AM	Worship	both
Tuesday	5-Nov	9:30am	Yoga	In-person
Wednesday	6-Nov	6:00pm	Meditation	both
Thursday	7-Nov	10:30am	Yoga	In-person
Friday	8-Nov	9:30am	Church Cleaning	
Friday	8-Nov	7:00pm	SP Cinema Society	In-person
Sunday	10-Nov	10:30am	Worship	both
Tuesday	12-Nov	9:30am	Yoga	In-person
Tuesday	12-Nov	4:00pm	Sip & Check In	zoom
Tuesday	12-Nov	7:00pm	Gathering	both
Wednesday	13-Nov	6:00pm	Meditation	both
Thursday	14-Nov	9:30am	Yoga	In-person
Friday	15-Nov	7am - 1pm	Church Cleaning	
Friday	15-Nov	all day	Dec Newsletter submission due	
Sunday	17-Nov	10:30am	Worship	both
Sunday	17-Nov	12:30pm	SCAC Film Series	In-person
Tuesday	19-Nov	9:30am	Yoga	In-person
Wednesday	20-Nov	3:00pm	Social Concerns Action Committee	zoom
Wednesday	20-Nov	6:00pm	Meditation	both
Thursday	21-Nov	9:30am	Yoga	In-person
Thursday	21-Nov	11:30am	Mary A' s	In-person
Thursday	21-Nov	4:00pm	Caring Committee meeting	In-person
Thursday	21-Nov	5:00pm	Worship Team meeting	zoom
Thursday	21-Nov	6:30pm	Board of Trustees meeting	zoom
Friday	22-Nov	7am - 1pm	Church Cleaning	
Sunday	24-Nov	10:30am	Worship	both
Tuesday	26-Nov	9:30am	Yoga	In-person
Wednesday	27-Nov	6:00pm	Meditation	both
Thursday	28-Nov	all day	Happy Thanksgiving	
Friday	29-Nov	7am - 1pm	Church Cleaning	

THE UNIVERSALIST UNITARIAN
CHURCH OF SANTA PAULA

740 East Main Street
Santa Paula, CA 93060
Office: 805-525-4647



office@uucsp.org

www.uucsp.org

www.facebook.com/uucsp

Sunday Worship Services at 10:30 am

Rev. Maddie Sifantus, Minister Emerita
Rev. Dr. Betty Stapleford, Affiliate Minister
Krystal Johnson, Office Administrator
Vincent Sorisio, Church Musician

Board of Trustees:

Mitch Stone, President,
Ken Stock, Vice-President
Ann Hewitt, Secretary,
Jerry Gray, Treasurer
Margaret Wilaon, Member at Large

Tech Support Team:

Monika Murillo Giselle Larios

HOW TO CONNECT WITH UUCSP

**JOIN US SUNDAYS AT 10:30 AM IN PERSON,
ON ZOOM**

Read our newsletter which you can find at

<https://uucsp.org/newsletter/>

Contact our office if you want to be added to our
Friday email and our monthly newsletter email or
want to have a nametag for in person events.

Visit our website to see more about UUCSP and see

what's new at www.uucsp.org

Join our Facebook page at

www.facebook.com/uucsp

*Dated Material
Time Value*

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